

A close-up photograph of a person's hands holding a small green seedling in soil. The background is a blurred green landscape. The image is framed by a white central area with green borders at the top and bottom.

Presented by BU Happiness College

Making Your Difference in the World

www.buhappinesscollege.com





"Each one of us can make a difference.
Together we make change"
- **Barbara Mikulski**



The United Nations Sustainable Development Goals



SUSTAINABLE DEVELOPMENT GOALS
17 GOALS TO TRANSFORM OUR WORLD



Which of the SDGs do you resonate most with?



Making Your Impact



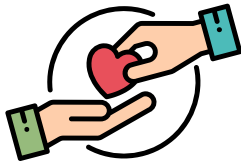
Give Without
Expectation



Listen
to People



Contribute
Your Skills



Random Acts
of Kindness



Volunteer
Time or Money



Express
Gratitude

How will you make your personal impact?

A large, empty, light gray rounded rectangular area intended for writing a response to the question above.



Set Your Personal Impact Goals

Impact Goal 1:

Impact Goal 2:

Impact Goal 3:

A close-up photograph of a person's hands holding a pen and writing in a spiral notebook. The person is wearing a dark-colored shirt. The background is softly blurred, showing what appears to be a window with light-colored curtains.

Key Takeaways

Takeaway 1...

Takeaway 2...

Takeaway 3...