



Presented by BU Happiness College

Mastering Money Mindset

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"We buy things we don't need, with money we don't have, to impress people we don't like" -

Dave Ramsey





Identifying Your Current Money Mindset

**WHAT BELIEFS AND FEELINGS DO I CURRENTLY HOLD
ABOUT MONEY/PEOPLE WITH MONEY?**

**WHERE DID I FIRST BEGIN LEARNING THESE BELIEFS AND
FEELINGS ABOUT MONEY/PEOPLE WITH MONEY?**



Identifying Your Current Money Mindset

**HOW ARE THESE BELIEFS/THOUGHTS SHAPING MY
BEHAVIOURS TOWARDS MONEY?**

WHAT IMPACT ARE THESE BEHAVIOURS HAVING?



Developing Your Ideal Money Mindset

**WHAT WOULD I LIKE TO BEGIN BELIEVING AND FEELING
ABOUT MONEY?**

**HOW WOULD THESE BELIEFS AND FEELINGS HELP ME MAKE
A POSITIVE IMPACT:**

IN MY OWN LIFE

IN OTHER PEOPLE'S LIVES



Begin Changing Your Money Mindset

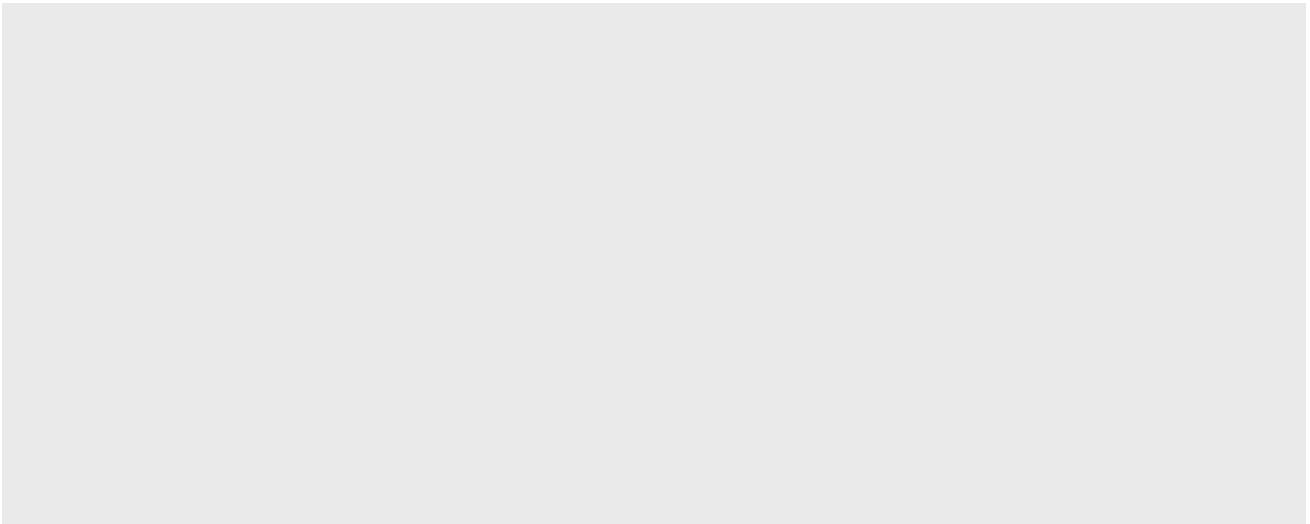
3 WAYS TO BEGIN CHANGING YOUR MONEY MINDSET

- LANGUAGE

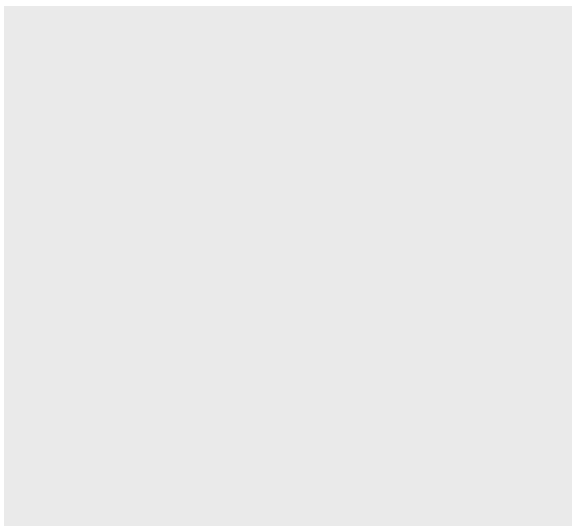
- REASONS

- INCREASE FINANCIAL LITERACY

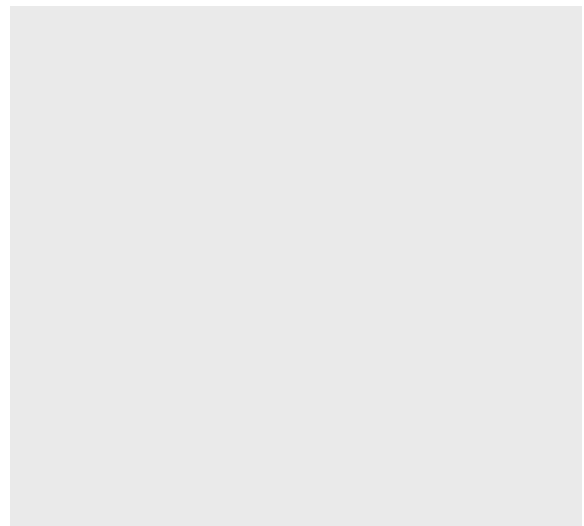
HOW TO SHIFT YOUR LANGUAGE



HOW TO CONNECT TO YOUR REASONS



HOW TO INCREASE FINANCIAL LITERACY



A close-up photograph of a person's hands holding a pen and writing in a spiral notebook. The person is wearing a dark-colored shirt. The background is softly blurred, showing what appears to be a window with light-colored curtains.

Key Takeaways

Takeaway 1...

Takeaway 2...

Takeaway 3...